

Exam preparation

Getting ready for and writing exams can be stressful and exhausting. Passing or failing an examination can also influence other areas of our lives, such as important relationships, our self-confidence and, even, our careers.

You might even be wondering why you have to write exams. Exams play an important role in your development as a student, because they provide you with **feedback on how well you have mastered the content of a module.** Your performance during your exams is not an indication of your intelligence, but rather an indication of how well you have prepared during the semester or year.

Activity

- If you're feeling a little overwhelmed or anxious about the thought of writing exams, we suggest you download the [exam preparation brochure](#) and take a look at the [exam preparation broadcast](#) by the Student Retention Unit and Counselling and Career Development department.
- Remember, exams can be stressful, but there are ways to reduce that, mostly through planning, studying hard and being well prepared.

For more resources that might be helpful for you, [please click here](#).

College guides with contact of your college [click here](#).

To contact the university, [click here](#).

Please tune in to Unisa radio on 19 October 2020, Monday 13:10 to listen to the Student Retention Unit (SRU) interview [Unisa radio live](#).

From the Student Retention Unit (SRU)...all the best for your studies.